

## QUWWATU N-NIYYA

## THE POWER OF NIYYAH

Lammā kāna l-insānu ḍa‘īfan, kamā qāla l-llāh: „*wa khuliqa l-insānu ḍa‘īfa*“: faraḍa l-llāhu ‘alaynā, an na‘qida n-niyya qabla l-qiyāmi bi l-‘amal, wa n-nuṭqu bihā sunna.

Wa bi n-niyya yaftaḥu l-llāhu lanā bāban wāsi‘, ḥattā takūnu ladaynā l-qudratu ‘alā t-tanfīdh.

„*Qull inna ṣalāti wa nusuki wa maḥyāya wa mamātī li l-llāhi rabbi l-‘ālamīn lā sharīka lah*“ (6:162)

I‘qidi n-niyya qabla l-qiyāma bi ayyi ‘amal, wa ij‘al ṣalātaka wa ṣawmaka wa maḥyāka wa mamātaka li l-llāh waḥdah.

Fa yakūnu l-llāhu ma‘ak wa yu‘ṭika l-quwwa kamā anqadha Ibrāhīma mina n-nār.

Because we humans are weak, as Allah said: „*wa khuliqa l-insānu ḍa‘īfa*“: Allah has made it our duty to seize Niyyah before performing an action. To say this , is Sunnah.

With Niyyah, Allah opens a wide door for us, and He commands that we receive the power we need to realise the intended.

„*Say: ,Surely my Prayer, my acts of worship, and my living and my dying are for Allah alone, the Lord of the whole universe. He has no associate.*“

Make the intention before the realisation of an action. Make your prayers and fasting, make your life and death for Allah alone.

Then He will stand by you and give you strength, just as He saved Ibrahim (as) from the fire.